

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Indian Powerlifting Federation, Jamshedpur
Recognised by : Dept. of Youth Services & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANAGALORE - 575 003.



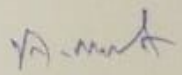
Certificate of Merit

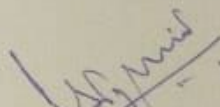
This is to certify that **Adarsh D Shetty**
of **Super Bodies, Bangalore**
has secured **First** place in **83** Kg. weight class
at the Karnataka State **Junior** Powerlifting
Championships held at **Kannada Bhavan, Hubli**
from **07/09/2018** to **09/09/2018**

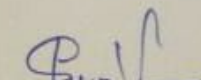
Performance :

Squat **210.0** Kgs.
B/Press **127.5** Kgs.
D/Lift **240.0** Kgs.
Total **577.5** Kgs.

Date of Birth **28-05-1997**
Records


Meet Director


Hon. Secretary


President